



**Group Exercise Classes**

**Please call to Book - 08 8331 1557**

Monday	Tuesday	Wednesday	Thursday	Friday
	9.00 am Marcel (T2D) 50 Mins Session		9.30 am Marcel (T2D) 50 Mins Session	
10.30 am Sam 40 Mins Session	10.30 am Tom 40 Mins Session		10.30 am Caitlyn 40 Mins Session	10.30 am Tom 40 Mins Session
	11.30 am Sam 40 Mins Session			
	5.30 pm Sam 40 Mins Session		5.30 pm Caitlyn 40 Mins Session	